



1 Interpretation

- 1.1 These Codes are laid down to serve as guidance for the conduct of officials, players, parents and supporters of Hull Judo Club, and supersedes any previous codes.
- 1.2 There may be a club penalty for failing to comply with these Codes, and in any disciplinary hearing conducted by Hull Judo Club and further by the British Judo Association (BJA), such failure may be brought to their attention.
- 1.3 Hull Judo Club accepts and abides by the BJA Codes of Conduct and Child Protection policies.

2 Coaches & Volunteers

- 2.1 Will treat all players, supporters, competition officials and parents with dignity and the respect they deserve.
- 2.2 Will put the well being and safety of all their players first.

Coaches should be aware of:

- Allowing children to develop naturally (i.e. dieting)
- Weight training before body has developed
- Over training
- Over competing

- 2.3 Will not use or tolerate inappropriate language and will display high standards at all times.
- 2.4 Will never condone violations of the laws of the sport nor encourage bad behaviour.
- 2.5 Will communicate with players and parents/guardians as required.

3 Parents/Spectators

- 3.1 Will treat all coaches, players, supporters, competition officials and other parents with the dignity and the respect they deserve.
- 3.2 Will not use or tolerate inappropriate language.
- 3.3 Will encourage and uphold the 'spirit of judo' and not use destructive language to any other player.
- 3.4 Will accept the coaches opinion and advice on judo related matters.
- 3.5 Will not interfere.
- 3.6 Seek an appropriate time when to communicate with coaches.
- 3.7 Responsibility of the parent and player to inform competition secretary of events being attended.
- 3.8 Parents will follow the 'Competition Code of Conduct' (copy available on request).
- 3.9 Parents are responsible for their children's behaviour according to the clubs code of conduct whilst on all judo related events.



4 Player

- 4.1 Will treat all coaches, other players, spectator, competition officials and parents with dignity and the respect they deserve at all times.
- 4.2 Will not use or tolerate inappropriate language.
- 4.3 Player's responsibility to behave according to the clubs code of conduct and that of ambassadors of Hull Judo Club.
- 4.4 Will encourage and follow the 'sprit of judo' and not use destructive language to any other player.
- 4.5 Will accept the coaches opinion and advice on judo related matters.
- 4.6 Will not interfere with other players training or competing.
- 4.7 Seek an appropriate time when to communicate with coaches.
- 4.8 Responsibility of the parent and player to inform competition secretary of events being attended.
- 4.9 Players will follow the 'Competition Code of Conduct'.
- 4.10 Players must wear appropriate attire when training and competing.

5 Codes

- 5.1 The Codes apply all the year round, good behaviour is not confined to the practices at the club and competitions, but at all other judo related events and activities.
Good behaviour and discipline is important and reflects on everyone concerned with the club and should set an example to others.
Abusive, racist, sexist, sexual, homophobic or any other unacceptable language/actions will never be used on or off the mat.
Parents and spectators have responsibilities and must behave themselves at all times, an example must be given to players and abuse of any kind by spectators is unacceptable and the penalties meted out by the club and BJA can be severe.
Any misconduct may result in a player, parent, spectator or official being asked to leave the club permanently.

6 Judo Etiquette

- 6.1 Girls must wear a full Tee shirt/not a vest under their judogi (judo suit), (white T shirt for competition).
Change into your jodogi (judo suit) in the changing rooms (not in the dojo/mat side).
Boys must not wear Tee shirts under their judogi (Judo suit).
Wear your judo suit correctly with the correct grade belt.
Don't leave the mat without asking your Sensei (coach).
When not on the judo mat, wear zori (footwear).
Bow before and after each practice (rei).
Don't wear a torn Judo suit.



7 Hygiene

- 7.1 Never go on the mat with any contagious disease verucas, athlete's foot, etc, unprotected (speak to a coach before going on the mat).
Do not wear your judogi outside the sport centre unless covered up.
Don't step off the mat without footwear (not socks).
Do not wear hair bobbles with metal or slide grips.
Don't wear hard or sharp objects on the mat.
Don't eat sweets or chew gum on the mat.
Always wash your feet before practice.
Your body and clothing must be clean.
Support your partner when you throw.
Keep your finger and toe nails short.
Don't step on the mat with footwear.

8 Equipment

- 8.1 Equipment is a valuable commodity and should be looked after at all times, equipment & kit should be regularly examined by players and parents for wear and tear.
Any defects are to be brought to the attention of the coaches at the earliest opportunity so repairs or replacements can be initiated.
- 8.2 The equipment and kit is the property of the club and must be returned when requested.

9 Training

- 9.1 Players must attend in suitable clothing at every session, responsibility for the player's safe travel to/from training and adding adequate time lies entirely with the parents/guardians.
- 9.2 This includes ensuring that the club coaches or their representative are in place before leaving children. **Please do not drop children off without checking they are safely with the coaches or their representatives.**
- 9.3 Subscriptions are a vital part of running a club and help toward the cost of kit, equipment, rent, player development and administration.
No player will be excluded for failing to pay subscriptions, where there is difficult for the family, the coaches or secretary will be happy to discuss this matter with anyone who feels they are unable to pay.

10 Competitions

- 10.1 The coaches are responsible for squad, team and competition decisions, including player selection, tactics and training, their decision is final.
- 10.2 Players selected will be issued a competition slip with return date. for completion by the player, parent or guardian, and returned with the appropriate fee before the return date if the player wishes to compete.



- 10.3 All players committing to competition entries and the club has paid the entry fee, **must** pay the appropriate entry fee whether attending/attended or not.

11 General

- 11.1 Public Liability Insurance is held, copies available.
- 11.2 Players must be of the correct age and registered with British Judo Association after one months grace.
- 11.3 The Coaches are responsible for squad and team decisions, including player selection, tactics and training, their decision is final.
- 11.4 The Coaches may delegate responsibility for training and competitions when unavailable.